

YONEZAWA LIVING GUIDE

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(English Version)



**YONEZAWA CITY INTERNATIONAL
RELATIONS ASSOCIATION**

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○Preface

Welcome to Yonezawa! Yonezawa is a city surrounded by beautiful mountain ranges including the Azuma and Iide Mountains. It is also the historic castle town of the Uesugi Clan.

Foreign residents may sometimes experience difficulties with everyday life in Yonezawa. We have created this guidebook to make your life here easier.

This book includes necessary and useful information for living in Yonezawa.

We also welcome your opinions about this booklet in order to make it more useful and practical.

(Note: All data in this book is accurate as of January 2020.)

Yonezawa City International Relations Association (YIRA)

○Overview of Yonezawa

Yonezawa City is located in the southern part of Yamagata Prefecture in Northeastern Japan. It is situated at an altitude of 240~260m in a valley surrounded by mountains with elevations of over 2,000m including the Ou mountain range to the east, the Azuma mountain range to the south, and the Iide mountain range to the west. The city has a wide area of 548.51km that stretches 28.3km to the north and south and 32.1 km to the east and west. It has a typical valley climate with hot summers and cold winters with heavy snow fall. The change of seasons is very distinct and people can enjoy the different offerings that each season provides.

The population of Yonezawa is about 82,000. Within the city, there are three universities: Yamagata University Engineering Department, Yamagata Prefectural Yonezawa Women's Junior College, and Yamagata Prefectural Yonezawa University of Nutrition Sciences. In addition to being a city of education and students, Yonezawa is also an industrial city. Japan's first industrial park, the Hachimanpara Core Industrial Park, is located in the city and together with Yonezawa weave, the traditional industry of Yonezawa, the city boasts the highest industrial production in Yamagata prefecture. Having been a castle town of the Uesugi clan for 272 years, Yonezawa is also a city rich in history and countless historic sites and traditions still remain.

(1) Foods of Yonezawa

The Yonezawa Food ABCs

- | | | |
|---|-------|---|
| A | Apple | Apples have been grown since the Meiji era in the Tateyama area of Yonezawa. The high quality water and soil create crisp and tasty apples. |
| B | Beef | The marbled meat of Yonezawa beef is so soft it almost melts in your mouth. It is nationally famous for its rich, exquisite taste. |
| C | Carp | Because Yonezawa was poor in animal protein, Uesugi Yozan, who |

previously ruled Yonezawa, had carp brought over from Soma and began breeding them in the moat of the Yonezawa Castle. Raised in the clear waters of the Matsukawa River that originates from the Azuma Mountains, the carp have a very refined taste.

Other Famous Foods

Yonezawa's natural blessings have produced many other delicious foods in the area. They include Yonezawa ramen, imoni, ukogi (aralia), cherries, shiobiki sushi, hiyajiru, pickles, yukina, local sake, and Yonezawa soba.

(2) Nature

Hot Springs (Eight Hot Springs of Yonezawa)

Onogawa Hot Spring, Shirabu Hot Spring, Shintakayu Hot Spring, Ubayu Hot Spring, Namekawa Hot Spring, Yunosawa Hot Spring, Goshiki Hot Spring, Odaira Hot Spring

Ski Areas

Tengendai Ski Area, Yonezawa Ski Area , Onogawa Ski Area

Mountains

Mount Nishi Azuma Yama is one of Japan's 100 most famous mountains and its natural Environment can be enjoyed year round. The Tengendai Plateau located half way up the mountain can be enjoyed for skiing during the winter and for trekking and viewing various high altitude plants during the summer.

(3) Historic Sites in Yonezawa

As a former castle town, Yonezawa has many historical cultural assets and streets with rich, historic atmosphere. They include the Uesugi Shrine, Sasano Kannon Temple, Fumonin, Former Yonezawa Technical College, and the Uesugi Mausoleum.

(4)Traditional Crafts of Yonezawa

Yonezawa Weave (Yoneori), Sagara Clay Dolls, Sasano Itto-bori, etc.

For details, please refer to the Yonezawa Tourist Pamphlet.

I. EMERGENCIES

1. Traffic Accidents and Crime (Dial 110)

Dial 110 to contact the police if you are involved in or witness a traffic accident or crime such as a burglary. Stay calm and tell the police “JIKO DESU” (There has been an accident.) or “DOROBO DESU” (There has been a burglary.) and carefully explain where it happened as well as your name and address.

2. Police Box (Koban)

In addition to police stations, there are also police boxes called koban in every region in Japan. Each of these police boxes is staffed by several officers whose job is to protect the residents of their localities. Their duties include patrolling the neighborhood, investigating crime, taking care of lost children or intoxicated citizens, giving directions, and receiving lost items. Contact them whenever you are in need of assistance.

3. Medical Emergencies (Dial 119 ※Multi-language services available)

Dial 119 to call for an ambulance to take you to the hospital when you have a medical emergency such as a sudden illness, serious injury, gas poisoning, or serious burns. The ambulance is free of charge. If it is a minor injury, you should go to the hospital on your own using a taxi or car.

4. Fire (Dial 119 ※Multi-language services available)

If a fire starts in your house or you see a fire, shout “KAJI-DA” (Fire!) to alert your neighbors. Call 119 immediately to report to the fire department. Clearly tell them KAJI-DESU (There is a fire.) and report the place of the fire, any nearby landmarks, your name, and phone number. It would be good to have these written in roman letters and posted near your telephone so you will be prepared in case a fire ever occurs.

How to Use a Fire Extinguisher

- ① Pull out the safety pin.
- ② Point the nozzle of the hose towards the fire.
- ③ Firmly squeeze the lever.
- ④ Spray the fire.

If the fire spreads to the ceiling, evacuate to a safe place.

5. Earthquakes

Japan is a country with frequent earthquakes. It is important to stay calm and not panic even when an earthquake occurs.

(1) What to do when an earthquake occurs

- Turn off the gas and stove immediately.
- Open the door to secure an exit.
- Hide under a desk or table and protect yourself from falling objects.
- Check for information on the radio, television, or through area mail(※), and if necessary, evacuate to the nearest evacuation area such as a school or community center.
- While outside stay away from cement-block walls and vending machines which may fall over.

(2) How to prepare for when an earthquake occurs

- Secure heavy furniture to the wall with metal fixtures so they will not fall over.
- Don't place heavy or breakable objects on high places such as on top of cupboards.
- Know a safe evacuation route from your house and the location of the nearest evacuation area.
- Have an Emergency Kit with the following items always available:
 - * **Water** (3 liters per person a day)
 - * **Food** (canned, dried, or vacuum-packed items)
 - * **Valuables** (cash, insurance card, bank deposit book, personal seal, etc.)
 - * **Clothing** (underwear, gloves, towels, clothing to protect against the cold, etc.)
 - * **First Aid Kit** (bandages, medicine, etc.)
 - * **Others** (portable radio, flashlight, batteries, candles, matches, portable stove, etc.)

※Area mail a service that the Meteorological Agency and regional public organizations provide to send out late-breaking information on earthquakes and tsunamis, as well as other natural disaster and evacuation information through cell phones.

II. CONSULTATION SERVICES

1. Yonezawa City Consultation Desk

The Yonezawa City International Relations Association (YIRA) provides consultation services in Japanese, English and Chinese for questions regarding daily living in Yonezawa including introducing Japanese language classes. Please feel free to visit any time.

Consultations • Inquiries: Yonezawa City International Relations Association
Yonezawa City, Kanaike, 3-1-14 Okitama Culture Center 1F
TEL 0238 – 33 – 9146
English Consultation Hotline: 070-6652-4443
Chinese Consultation Hotline: 070-6640-9822
E-mail Address: yira@omn.ne.jp
(Closed on Sundays and New Years` Break)

2. The Public Association for International Relations in Yamagata (AIRY)

The Public Association for International Relations in Yamagata (AIRY) provides free consultation services in various languages about concerns regarding your daily life and other problems.

English: Tuesday ~ Saturday	————	10:00~17:00
Chinese: Tuesday • Friday	————	10:00~14:00
Korean: Thursday • Saturday	————	10:00~14:00
Portuguese: Wednesday	————	10:00~14:00
Tagalog: Friday	————	10:00~14:00
Vietnamese: 2 nd and 4 th Saturday	————	10:00~14:00

(Closed on Mondays, Holidays and over New Year's break)

Telephone Consultation Line: TEL 023—646—8861

The Public Association of International Relations in Yamagata (AIRY)
Jyonan-machi 1-1-1 Kajo Central 2nd Floor
Yamagata Prefecture International Exchange Center

3. The International Volunteer Center of Yamagata (IVY)

The International Volunteer Center of Yamagata (IVY) provides telephone and personal translation and interpretation support. Telephone support is free, but a fee is required when requesting an interpreter to accompany you. The available languages are English, Chinese, Korean, Portuguese, Tagalog, Spanish, Thai, and Russian. An appointment is necessary for interpretation. Interpreters are not always on call, in which case they will call you back.

Inquiries: TEL 023-634-9830／090-2365-1208

4. General Consultations

Although it is only offered in Japanese, it is also possible to consult with lawyers and other professionals about legal matters and other concerns inside Yonezawa City Hall and other facilities. For details, please look at the City Newsletter (Koho Yonezawa) that is published on the 15th of each month.

III. IMPORTANT PROCEDURES

1. Foreign Resident (Alien) Registration

(1) Who Needs Registration?

- Special Permanent Residents
- Any foreign resident with the proper documentation from the Immigration Bureau who intends to stay in Japan medium- or long-term and to whom the following 5 points do not apply.
 - ① Someone who will stay for less than 3 months
 - ② Someone who already has a short-term residential status
 - ③ Someone who holds a Diplomat or Government Official residential status
 - ④ Someone specially indicated by the Ministry of Justice for reasons besides 1-3
 - ⑤ Someone without a residential status

(2) When to Register

- For those who have newly arrived in Japan
Within 14 days after moving into your place of residence
- For those who move within the same city
Within 14 days after moving
- For those who move to another city
Either before moving or within 14 days after moving
- For residents who are applying for a change in status to `Medium- to Long-Term Resident`
If you have a place of residence before approval of the change in status, within 14 days after approval of the change in status
If you will move in after the change of status is approved, then within 14 days after moving

※ Note that, if you move to another city within the country you must provide a change of address certificate. If you move to another country, you must also give notice.

(3) Necessary Materials for Application

- Special Permanent Residents require a Proof of Special Permanent Resident Status Certificate, Medium- to Long-term Residents require a Resident Card (for those who have been living in Japan since before July 2012 can instead present a non-expired Proof of Special Permanent Resident Status Certificate or Temporary Resident Card)
- Those who did not receive their Resident Card upon entering Japan may instead present their Passport with a `Notice of Later Resident Card Delivery` (Zairyu Kado Gojitsu Kofu)

(4) Who Can Apply

- The resident themselves or a member of their immediate family
- A person authorized by the resident (Power of Attorney is required)

2. Certificate of Residence (Juminhyo)

Foreign residents who register are eligible to receive a Certificate of Residence. Each copy of the certificate costs ¥400.

Inquiries: Yonezawa City Hall Citizens Division (Shimin-ka) TEL 22-5111 (switchboard)

3. Other Procedures (Notification of changes other than change of address)

(1) Special Permanent Residents

- Times when notification is necessary
 - When there are changes to your name, birthdate, gender, nationality, or region
 - When you renew the expiration date of your Resident Card
 - If your Resident Card is lost, destroyed or stolen
 - If your Resident Card is substantially damaged or stained, etc.
- Where to send your notification
 - Your local city hall
- Required Materials for Notification
 - Proof of Special Resident Status Certificate (those who have lived in Japan since before July 2012 may use a non-expired temporary Proof of Special Resident Status Certificate instead)
 - Passport (if applicable)
 - Proof of changes or proof of loss
 - 1 Photo (4cm x 3cm)

(2) Medium- to Long-Term Residents

- Times when notification is necessary
 - When there are changes to your name, birthdate, gender, nationality, or region
 - When you renew the expiration date on your Resident Card (for permanent residents or those below the age of 16)
 - If your Resident Card is lost, destroyed or stolen
 - If your Resident Card is substantially damaged or stained, etc.
 - If the organization you are affiliated with (your employer or school) changes its title, its location, is dissolved, cancels your affiliation (end of contract), or creates a new contract with you (for those with working visas or who are exchange students)
- Where to send your notification
 - Your area Immigration Office (Sendai Immigration Office)

For information on the necessary documentation, please contact the Immigration Office or your local Consultation Support Center for Foreign Residents.

4. Visa Procedures

Foreign residents in Japan may need to carry out procedures to extend their stay, change their resident status, and to re-enter the country. These procedures must be carried out in person at the nearest Immigration Bureau (Sendai). Please inquire at the Immigration Bureau for details of the necessary documents for each procedure.

(1) Consultation Service for Foreign Residents

The `Consultation Support Center for Foreign Residents` provides consultation regarding immigration or residency either over the phone or in person.

(Consultation Subjects)

- Acquisition and changes to resident status, renewal of period of stay or other procedures dealing with your immigration status or Resident Card
- Entry procedures for inviting resident's family, etc.

(Available Languages)

English, Korean, Chinese, Spanish etc.

(Consultation Hours)

Weekdays 8:30~17:15

Consultation by phone is also available. TEL: 0570-013904 (IP, PHS, Overseas 03-5796-7112)

○Location of Immigration Bureau

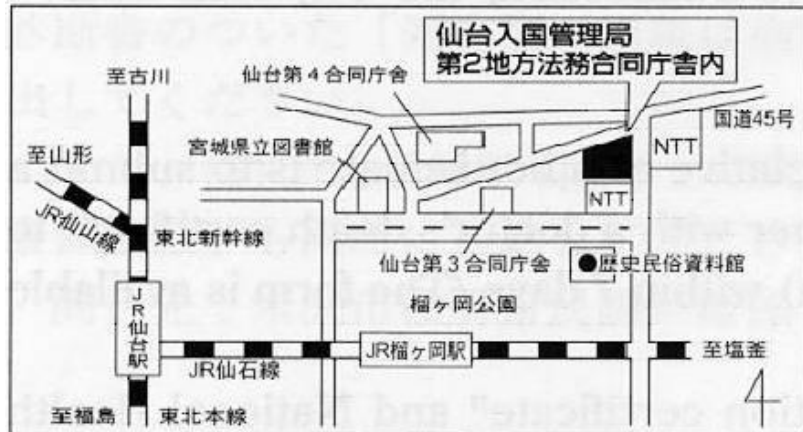
Sendai Immigration Bureau

1-3-20, Gorin, Miyagino-ku, Sendai

TEL: 022-256-6076 (switchboard)

Operating Hours 9:00~16:00

(Closed on Saturdays, Sundays and Holidays)



5. Reporting Marriage • Birth • Death

(1) Marriage Report

Register your marriage at City Hall.

Inquire at City Hall for details of the necessary documents such as the "Marriage Qualification Certificate" (Konin Yoken Gubi Shomeisho) and "Birth Certificate" (Shussho Shomeisho).

Inquiries: Yonezawa City Hall Citizens Division (Shimin-ka) TEL 22-5111 (switchboard)

(2) Birth Report

If you give birth to a child in Japan, submit the “Birth Registration” (Shussho Todoke) to the Citizens Division (Shimin-ka) at City Hall within 14 days. The “Birth Registration” is given to you along with the Birth Certificate at the hospital. Bring the “Mother and Child Handbook” (Boshi Kenkou Techo) with you when you register the birth.

After registering the birth, you must carry out the alien registration procedures for the child.

In order to receive a discount on all hospital visits for your newborn, you must complete the paperwork for your `Child Medical Care Financial Aid Card` (Kosodate Shien Iryoushou) and for general Childcare Financial Aid (Jido Teate).

If the child will be in Japan for more than 60 days after birth, alien resident status must be applied for at the Immigration Bureau within 30 days of the birth. At the same time, the birth registration will take place at either the foreign embassy in Japan or Consulate, where you will also receive the child`s passport.

(3) Death Report

If a foreign resident dies while in Japan, a relative or representative must submit a “Death Certificate” (Shibo Todoke), together with a doctor’s certificate (available from the hospital), to the Citizens Division (Shimin-ka) of City Hall within 7 days.

The deceased’s National Health Insurance Card should also be returned at the same time.

Inquiries: Yonezawa City Hall Citizens Division (Shimin-ka) TEL 22-5111 (switchboard)

6. Personal Seals (Inkan/Hanko)

(1) Types of Seals

In Japan, a seal (inkan/hanko) carved with your first or family name is often used along with signatures. There are two kinds of seals. One is a registered seal (jitsuin) which is registered at City Hall and the other is a private seal (mitomein). By using your jitsuin with a registered certificate, your actions become legally confirmed. They are therefore used for formal contracts or legal acts such as registering your car. A mitomein is used for simple legal actions such as opening a bank account and withdrawing money from the bank. Seals can be made at a seal shop (hanko-ya). Please note that there are certain requirements for making a jitsuin.

(2) Seal Registration

Persons 15 years old and over who have completed their resident registration may register their jitsuin seal at the Citizens Division (Shimin-ka) of City Hall. You must bring your Resident Card, or other form of personal identification along with the seal you wish to register. Only one seal may be registered per person and the registration must be done in person. The name that you register must be the same name that is printed in the resident registry. Alphabetical seals cannot be registered. A Seal Registration Card will be issued once the registration procedures are completed. This is needed for applying for a Seal Registration Certificate.

Some seals cannot be registered so please inquire at the City Hall Citizens Division.

Inquiries: Yonezawa City Hall Citizens Division (Shimin-ka) TEL 22-5111 (switchboard)

7. Health Insurance

Under the universal health insurance system, all residents of Japan are required to enroll in a public medical insurance system. There are two types of public health insurance: Employee's Health Insurance, in which you enroll through your place of employment; and National Health Insurance, in which you enroll at the municipal office where you live.

(1) Employee's Health Insurance (Kenko Hoken)

If you are employed at a company, you will enroll in Employee's Health Insurance (Shakai-hoken). For details, please contact your place of employment.

(2) National Health Insurance (Kokumin Kenko Hoken)

Any person who is a resident (anyone staying more than 6 months), as well as those who have been approved to stay past their originally intended 3 months, must enter the National Health Care system.

Anyone who is not part of a health insurance system at your place of employment or not receiving social welfare must enroll in National Health Insurance. If you are not enrolled, you must pay the full amount of the medical costs incurred on your own.

a) How to Enroll

Please enroll in National Health Care at the Yonezawa City Hall Citizens Division (Shimin-ka). To enroll, you must bring your Resident Card as well as the following:

1. If you have moved from another city... Certificate of Transfer (Tenshutsu Shoumeisho)
2. If you have been dropped from your company Employee Health Care... Proof of End of Coverage (Kenkouhouken wo yameta Shoumeisho)
3. If you have had a child... Personal Seal (inkan), Mother and Child Handbook (Boshi Techou), and Birth Certificate (Shussho Shomeisho)

b) When Notification is Required

Please contact the Yonezawa City Hall Citizens Division (Shimin-ka). To complete the necessary procedures, please bring the following:

1. When you move within the city of Yonezawa... Your National Health Insurance Card (Kokumin kenkou hokensho)
2. When you move to another city... Your National Health Insurance Card
3. When you enroll in Employee Health Insurance... Your Employee Health Insurance Card (Kenkou hokensho) and your National Health Insurance Card
4. When someone in your family who is covered by National Health Insurance passes away... The National Health Insurance Card of the deceased
5. When the head of household changes... Your National Health Insurance Card
6. Also please contact the Yonezawa City Hall Citizens Division (Shimin-ka) if your card is damaged or lost

Inquiries: Yonezawa City National Health Insurance Division TEL 22-5111 (switchboard)

c) How to Pay for Medical Costs

For those enrolled in National Health Insurance, you must pay 30% of the total medical costs at the payment desk of the medical institution. Please show your insurance card to the main desk of the medical facility when you go to have a medical examination.

d) Payment of Insurance Tax

The head of the household holds responsibility for making an insurance tax payment if there is a person in the family who is covered by National Health Insurance. A tax payment notification will be sent to each household from the city and the payment must be paid before the designated tax payment date. The calculation of the insurance tax depends on your family structure, income, and other factors, and is different for each person and for each year.

If you withdraw from National Health Insurance during the middle of the year because you return to your home country, etc., the insurance amount will be recalculated and the remaining tax amount must be paid even after you withdraw from the insurance. For details, please inquire at the National Health Insurance Desk at City Hall).

Inquiries: Yonezawa City National Health Insurance Division TEL 22-5111 (switchboard)

8. MyNumber Card

A MyNumber Card is a high-security IC card containing an IC chip and photo. The card can be used not only as a form of identity confirmation or confirmation of your MyNumber, but it can also be used to simplify the address change process and as a form of electronic identification for many kinds of electronic applications.

(1) How to Apply

(a) Application via mail

Once you fill out the MyNumber Card application at the bottom of the notification card (tsuuchi kado) application and sign (or stamp using your official seal), please send it to the reception center via mail with a headshot (taken in the last 6 months) attached.

(b) Application via smartphone/computer

Apply using the application ID on your MyNumber issuance application form.

(2) In the Case that the Application Form is Lost

A new application form can be printed, so please contact the City Hall Citizens' Division with any questions.

Contact Details: Yonezawa City Hall Citizens' Division | Phone: 22-5111

9. Taxes

(1) Income Tax

One of the taxes which you must pay to the government is Income Tax (Shotokuzei). You must complete the income tax procedures at the tax office between February 16th and March 15th and report your income from the previous calendar year. If you are receiving a salary, tax is automatically deducted.

Inquiries: Yonezawa City Tax Office, 1-1-9 Montomachi TEL 22-6320

(2) Residence Tax

Prefectural Residence Tax (Kenminzei) is collected by the Prefecture, and Municipal Residence Tax (Shiminzei) is collected by the City. Those who live in Yonezawa as of

January 1st are subject to taxation according to their income of the previous calendar year. If you are self-employed, a notice will come from City Hall and the tax is collected in ten monthly installments between June and March. If you are employed, resident tax is usually deducted from your monthly salary by your employer over 12 months from June through May of the following year.

Inquiries: Yonezawa City Hall
 Regarding Taxes: Taxation Division (Zeimu-ka),
 Regarding Payment: Tax Payment Division (Nozei-ka)
 TEL 22-5111 (switchboard)

(3) “Kei” Automobile Tax

Kei (light) automobiles and motorcycles are taxed every year to the owner of the vehicle on April 1st. When a car is purchased, sold, given away, or when the owner moves away from the City, certain procedures must be carried out.

Inquire at the following places for the relevant documents and procedures.

Type of Vehicle	Office
Motorized Bicycle (125cc and below)	Yonezawa City Citizens Division 5-2-25 Kanaike, Yonezawa TEL 22-5111
Small Special Motorcar (for farming, etc.)	
“Kei” Automobile ※	Yamagata Prefecture Kei Automobile Association 3-3553-2 Tachiyagawa, Yamagata TEL 023-686-3600
Motorcycle (125cc-250cc) ※ Two-wheeled Kei Automobile	
Motorcycle (251cc+) ※ Two-wheeled Small Automobile	Tohoku Transportation Bureau Yamagata Branch 1422-1 Oaza-urushiyama Jigyodan, Yamagata City TEL 023-086-4711

※ The appropriate procedures for these types of motor vehicles can also be carried out at the following location (fees will apply):

Yamagata Prefecture Private Automobile General Incorporated Association, Southern Branch
 325-5 Kubota, Kubota Machi, Yonezawa TEL 37-3245

(4) Other

In addition to the taxes mentioned above, you may also be charged a fixed asset tax by the city. Please inquire for details.

Inquiries: Yonezawa City Hall Taxation Division (Zeimu-ka) TEL 22-511 (switchboard)

10. Pension

Everyone in Japan, including foreign nationals, over 20 and under 60 years old must enroll in the National Pension system unless they are enrolled in any other public pension plan such as an Employee’s Pension Plan or mutual aid society.

(1) National Pension System (Kokumin Nenkin)

a) Enrollment and Payment

Apply for the National Pension at the City Hall. A monthly pension premium must be paid. You can make the payments either at a counter of a financial institution or at a convenience store using the payment slips or through an automatic transfer service.

b) When It is Difficult to Make Payments

If you do not have any income or your income is low and it is difficult to pay the pension premiums, the full or partial amount of the premium may be exempt with the proper procedures. For students, please use the Student Special Payment System to extend the payment of your pension premiums.

c) Payment of Pension Benefits

Payment of the pension benefits depends on the type of payment plan. Please inquire for details below.

(2) Employee's Pension (Kosei Nenkin)

If you are employed at a company, you will enroll in an Employee's Pension Plan. Half of the pension premium amount will be paid by the employer, and your premium will be deducted from your salary. The payment of the pension is similar to that for National Pension.

(3) When Leaving Japan

For foreign residents who leave Japan, it is possible to obtain a refund of their pension contributions. To be able to receive a refund, you must have enrolled in a pension plan while you were in Japan and paid the monthly premium for 6 months or more, and have applied for the refund within two years of leaving Japan. It is also possible to receive your pension after you leave Japan.

Inquiries:

For details regarding Welfare Pension, contact your place of employment

For details regarding National Pension, contact either Yonezawa City Hall
(TEL 22-5111) (switchboard)

or the Yonezawa Pension Office (TEL 22-4220) (switchboard)

IV. DAILY LIVING

1. Housing

Renting a place to live is commonly done through a real estate company. It is probably best to go with a Japanese friend or colleague and let the real estate company know what kind of living conditions you are looking for.

※In Japan it is common to use the units “tsubo” and “jyo” to measure the area of rooms.

1 tsubo = 2 jyo $\doteq 3.3058\text{m}^2 \doteq 35.583\text{ft}^2$

1 jyo (the size of 1 tatami mat) is approximately 1.8m×0.9m

(1) Renting a House or Apartment

a) Lease Requirements

- Written Contract (Keiyaku-sho)
Fill out the lease contract and stamp the contract with your seal after the contract is explained carefully and all unclear items are understood.
- Guarantor (Hosho-nin)
A guarantor is necessary when signing a contract. If possible, ask a Japanese citizen to be your guarantor. The guarantor has the responsibility of paying the rent or any other costs if the tenant is unable to do so.
- Key Money (Reikin)
Also called Kenrikin, it is paid to the landlord when the contract is signed. It is usually about 1-2 months' rent and it will not be returned to you when you vacate the apartment. Some areas do not require a reikin payment.
- Deposit Money (Shikikin)
Paid to the landlord when the contract is signed and is used to pay for rent payment defaults or for damages to your room. The cost for repairs to the room when you vacate the apartment is deducted from the total amount and the remaining amount will be returned to you. It is usually about 1-3 months' rent.
- Brokerage Fee (Chukairyo)
Paid as a commission to the real estate agent. It is usually about 1 month's rent.
- Rent (Yachin)
1 month's fee for renting the house or apartment. The rent for the next month must be usually paid by the end of the month.
- Common Service Fee (Kyoekihi)
Costs for electricity and cleaning common areas such as stairs and passage ways of the apartment.

For the reasons mentioned above, the total cost of renting a house or apartment for the first time is about 4-5 months' rent.

b) How to Renew Your Lease (Keiyaku Koushin)

When you wish to renew your rental contract, you must fill out the paperwork for the renewal. You may also need to pay the landlord a fee of about 1 month's rent at this time.

c) How to Cancel Your Lease (Kaiyaku)

When you want to cancel your rental contract, you will need to follow the procedures stated in your contract and inform your landlord beforehand (usually 1 month before you are leaving). If you vacate without informing your landlord or inform just before you vacate, you may be charged with the next month's rent. Remember to also pay all of your utility bills and clean and fix your room to its initial condition before vacating.

(2) How to Rent Public Housing

Public Housing is low-rent housing managed by public institutions such as the prefecture or city for people who have low income and have trouble finding housing. You will need to contact each organization directly if you wish to apply for one. If there are many applications, openings will be chosen by a lottery.

Inquiries for Public Housing Managed by the City:

City Hall Urban Maintenance Division (Toshi Seibi-ka) TEL 22-5111 (switchboard)

Inquiries for Public Housing Managed by the Prefecture:

Yamagata Prefecture Okitama Coordination Branch, Yamagata Residence Information Center TEL 24-2332

2. Electricity

(1) Starting Electricity Service

When you want to start using electricity after you move in, just turn on all the circuit breaker switches on the fuse box. After you check that the electricity is running, fill in your name, address, telephone number, and date when you moved in on the postcard application that is in your mailbox or attached near the fuse box and send it to Tohoku Electric (this will be treated as a request for start of service). Before you move, you can also place a request by phone or over the internet.

When moving, or to change your amperes 0120-175-266

When there is a power outage, please use the number below.

Outage/Emergency Inquiries 0120-175-366

(2) How to Pay for Electricity Expenses

There are two ways to pay the electric bill. One is to pay through an automatic withdrawal service from your bank or postal account. The other is to pay directly using the payment slip at a nearby financial institution or convenience store, or with a credit card. If you do not pay by the deadline, a late fee will be charged to the following month's bill.

(3) Electrical Appliances

In Yonezawa the electricity used is 100 volts/50hertz. Please check your electric appliances before using them to see if they meet this standard. If they don't, it may be dangerous and can damage other appliances.

(4) When All the Electricity Goes Out In Cases Other Than a Power Outage

When you use electricity beyond the capacity and it short-circuits, the breaker falls automatically and the electrical supply will stop. The electricity will be restored if some of the electric appliances being used are turned off and the breaker switch is raised again.

(5) Discontinuing Electricity Service

If you will stop using electricity because you are going to be moving, contact Tohoku Electric at least 5 days before you move.

3. Water

(1) Starting Water Service

Tap water is safe to drink in Japan.

To start using water, come to the Water and Sewer Services Department (Jouge Suido-bu) of City Hall and fill out the Application Slip to Start Using Water, have it signed/stamped by the owner (the landlord if you live in an apartment) and the actual user, and turn it in to the Water Utilities Department.

(2) How to Pay for Water Expenses

A statement for your water bill will be sent to your home each month. In areas that have a public sewage system, users will pay for sewage expenses at the same time. The water bill can be paid either through an automatic withdrawal service from your account at a financial institution or paid directly at a financial institution using a payment slip.

(3) When You Have Trouble with Water

When there is a leakage or when your pipes burst, turn off the main water valve and contact a plumbing company.

(4) How to Prevent Water Pipes From Freezing

Water pipes may freeze when the temperature goes below 4° Celsius during the winter. To prevent freezing, shut off the water service at night or when you will not be using water for an extended period of time. If your pipes freeze, wrap a towel around the facet and pour hot water on it, and the water should come out. If water still does not come out, contact a plumbing company.

How to Shut Off Water:

- ① Open the water faucet to let water out.
- ② While the water is still running, turn the handle of the main water shut-off valve to the right until it no longer moves.

(5) Discontinuing Water Service

If you are moving or when you want to stop using water for an extended period of time, contact the Water and Sewer Services Department (Jouge Suido-bu) at least 1 week before and tell them your address, name, the date you are moving, your new address and the method for paying any remaining water expenses.

Inquiries: City Hall Water and Sewer Service Department (Jouge Suido-bu)
5-1-23 Kanaike, Yonezawa City TEL 22-4511

4. Gas

Propane gas is the type of gas used in Yonezawa.

(1) Starting Gas Service

If you contact a propane gas company, a clerk will come and set up gas service at your home.

(2) How to Pay for Gas Expenses

You can pay for gas expenses by either paying to the bill collector after the monthly inspection of the gas meter or by an automatic withdrawal service at banks and post offices.

(3) When There is a Gas Leak

If you notice a gas leak, leave the window and door open, turn off the gas valve or meter faucet, and contact the gas company. Propane gas is heavier than air so you should sweep it out with a broom or similar object.

(4) Discontinuing Gas Service

When you want to stop your gas service, you should contact the propane gas company a few days before you want to stop the service.

5. Telephone

(1) Installing a Telephone

If you want to install a telephone line in your home, apply with NTT. When making an application, you will need to bring some form of identification such as your passport, resident card, or driver's license to confirm your name and address. There will be an application fee. The installation date will be decided when you apply. You must be at home on the day of installation.

Dial 116 for details.

a) Cellular Phones

Please contact the individual companies directly for cellular phone information.

b) How to Pay For Telephone Expenses

A statement for your telephone bill will be sent to your home every month. Bills can be paid at financial institutions, convenience stores, and telephone companies. They can also be paid thorough an automatic withdrawal system at banks and post offices.

(2) Domestic Calls

The area code for Yonezawa is (0238). Dial the area code whenever you are calling outside of Yonezawa.

a) How to Read a Phone Number

0238-12-3456 ①Area code (0238 for Yonezawa)
① ② ③ ②Local (city) code
 ③Customer's number

b) Long Distance Calls

In addition to NTT Communications, the following telephone service companies can also be used to make long distance phone calls.

KDDI Inquiries: TEL 0077-777
Softbank Telecom Inquiries: TEL 0120-0088-82

c) Numbers for Different Inquiries

116—Inquiries to NTT, installation, transfers
117—Current time (Fee)
113—Telephone trouble
104—Telephone number directory (Fee)
106—Collect call (Operator assisted)
177—Weather forecast (Fee)

d) Public Phones

There are public phones outside train stations and stores around the city. Most are green or grey and can be used with a telephone card or ¥100 coin. If you use a ¥100 coin, however, you will not receive change back. Calls within the city can be made for ¥10 per minute. Insert additional coins or a telephone card when you hear the beep indicating the end of the value inserted.

(3) International Calls

Below are the main companies that provide international calling services.

Company	Inquiries	How to Make a Call
NTT Communications	0120-506506	0033-010-country code -city code- telephone number
KDDI	0057	001-010-country code -city code-telephone number
Softbank Telecom	0120-03-0661	0061-010-country code -city code-telephone number

(Example) Calling the number (212) 123-45467 in New York, USA
When calling from KDDI: 001-010-1-212-123-4567

(4) Telegrams

a) Domestic Telegram Service

When sending a telegram within Japan dial 115.

b) International Telegram Service

International telegrams can be sent by phone.
Either dial 0053519 or 0120-44-5124.

6. Mail Delivery Service ・ Takuhaibin

(1) Domestic Mail

Post offices and mail boxes are marked with a red 「〒」 symbol. Mail boxes are red in color and are either box or cylinder shaped.

Post Office Hours:

Monday ~ Friday 9:00 ~ 17:00 (Closed on Saturday, Sunday, and Holidays)

※ For Yonezawa Post Office Only: Monday ~ Friday 9:00~19:00

The You-You (After-Hours) Window Hours: Monday ~Friday 8:00~20:00

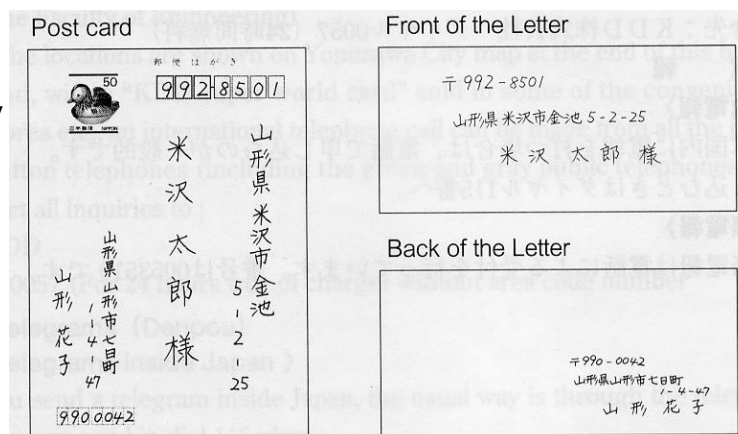
Saturday 8:00~17:00

Sunday/Holidays 9:00~12:30

Inquiries: Yonezawa Post Office TEL 22-5005

a) How to write an address

An address (address/name) can be written either vertically or horizontally.



b) Ordinary Mail

Type	Size	Cost/Charge
Postcards	Private postcards (such as picture postcards) Length: 14cm-15.4cm, Width: 9cm-10.7cm, Weight: 2g-6g ※Official Postcards (kansei hagaki) can be purchased at post offices for ¥52* each.	¥63*
Standard-Size Mail (Letters)	Length: 14cm-23.5cm, Thickness: Under 1 cm, Weight: Under 50g	Up to 25g, ¥84* Up to 50g, ¥94*
Non-Standard Mail	Weight: Under 4kg (Maximum) The total of length (under 60cm), width, and thickness not to exceed 90cm. (Minimum) Length: 1cm, Width: 9cm (Cylinder Shape) Length: 14cm, Diameter: 3cm	Postage varies according to weight.
Package Post (Yu-Pack)	Weight: Under 20kg (Maximum) The total of length (under 1m), width, and thickness not to exceed 1.7m. (Cylinder Shape) Length: 14cm, Diameter: 3cm	

*Prices as of October 1, 2019

In addition, there are other special mail services including Express Delivery (Sokutatsu), Registered Mail (Kakitome), and Registered Mail for Cash (Genkin-kakitome).

Inquiries: Yonezawa Post Office TEL 22-5005

c) Other

○ When You Miss a Delivery

If you are not at home at the time of delivery of a registered or parcel post item, a "Non-Delivery Notice" will be left. The mail/parcel will be kept at the office for seven days. To have it redelivered, either send the Notice after filling in the desired time and place of delivery or call the post office by telephone. To retrieve your item at the office, you will need to bring the Notice, some form of ID (such as your Resident Card) and personal seal.

○ Transfer Service

If you notify the post office after you move, mail that is sent to your old address will be forwarded to your new address for free one year after the date of notification. This service is limited to domestic mail.

(2) International Mail

a) Regular Air Mail

- Post Cards: ¥72* anywhere in the world
- The cost for letters (Standard/Non-Standard size) and packages depends on the weight and destination. Please inquire at the post office.
- There is also sea mail which is less expensive than air mail but takes longer to deliver.

Inquiries: Yonezawa Post Office TEL 22-5005

*Price as of April 2014

b) International Express Mail (EMS)

This is the quickest way to send documents or packages overseas. (Maximum weight varies according to each country.) The mail is handled with top priority from reception to delivery. You are also able to track the location of your package at any time.

c) Economy Aviation Mail (SAL)

This mail is handled as surface mail inside Japan and the destination country but sent by air between the countries. It is faster than surface mail, and cheaper than air mail.

d) English Postal Information Services

The following is the number for information about postal services in English.
TEL 0570-046-111

(3) Takuhaibin (Quick Home Delivery)

If the post office is far from your house, or if it is inconvenient for you to bring a package or baggage to the post office, Takuhaibin is available. It can be sent at shops that have a Takuhaibin sign outside as well as at convenience stores. You can also call and ask the shop to pick up the item at your house. They deliver the package within a few days all over Japan except for a few areas.

◆ Main Takuhaibin Service Providers

Company	Telephone
Sagawa Kyubin Yonezawa Store	37-5500
Dai-ichi Kamotsu Yonezawa Branch	23-3363
Nihon Tsuun Yonezawa Branch	23-0202
Yamato Unyu Customer Service Center	0120-019625
Miyago Kamotsu Jidosha Unso Yonezawa Office	37-2170
Yonezawa Kodo Unso	22-1430

7. Financial Services

(1) Banks

a) Opening Hours

Monday ~ Friday 9:00 ~ 15:00 (Closed on Saturday, Sunday, and Holidays)

b) Types of Accounts

○ Regular Account (Futsu Yokin)

Deposits and withdrawals can be done freely but the interest rate is low. Automatic transfer services for public utility charges (taxes, electricity, water, etc.) and the NHK license fee can be used with this account.

○ Savings Account (Chochiku Yokin)

The interest rate is higher than the rate for a regular account if the amount is above a certain amount. Deposits and withdrawals can be done freely.

○ Fixed Term Account (Teiki Yokin)

Although the interest rate is higher than the rate for regular and savings accounts, withdrawals cannot be made until the end of the fixed term.

c) Opening an Account

Please bring your Resident Card or your passport and your personal seal to the bank counter to register for an account. You can also sign up for a cash card which you can use at ATMs (Automatic Teller Machines).

d) Deposits • Withdrawals

To deposit or withdraw money at the counter, take your inkan and passbook, fill in the designated forms and hand them in at the counter.

c) ATMs (Automatic Teller Machines)

By using an ATM (Automatic Teller Machines) you can easily deposit and withdraw money from your bank or postal account. ATMs are located inside and outside banks and also inside some convenience stores. The operating hours differ for each machine and some ATMS are closed on weekends and holidays. There may also be a service charge applied during some days and hours.

(2) Post Offices

Post Offices also offer financial services similar to banks. You may deposit and withdraw money from any post office in Japan if you open an account at a post office. Procedures for opening an account are the same as for banks.

(3) International Remittances and Foreign Currency Exchange

International money transfers and foreign currency exchange can be made at most post offices and banks. Inquire at the financial institution for details.

8. Garbage


Please make an effort to reduce trash and cooperate with trash separation.

(1) Important Notices for Throwing Out Trash


- Be sure to throw out trash on the designated trash collection days (Collection days differ in each area. Please check the Collection Calendar.) .
- Be sure to take out the trash by 7:30am on the day of the trash collection.
- Be sure to neatly separate trash before throwing it out.
- Be sure to put the trash in the designated trash bags (Limit of 5kg of trash per bag.).
- Trash collection sites are established and maintained by the neighborhood associations (Chonakai) and apartment keepers. Do not throw out trash in other locations.

(2) Guidelines for Separating Trash


a) Burnable Trash

- Items: Kitchen waste, paper waste, shoes, items with a  mark that cannot be cleaned.
- Disposal Method: Dispose in City designated trash bags (red letters).


b) Non-Burnable Trash

- Plastic items without the  mark, glass items, metals, ceramics, spray cans (use up and punch a hole), lighters (use up), small electronic appliances.
- Disposal Method: Dispose in City designated trash bags (green letters).

c) Plastic Containers and Wrappings

- Plastic wrappings, packaging, bottles, cups, and bags. (Must have the  mark and be clean.)
- Disposal Method: Dispose in City designated bags (orange letters).

d) PET Bottles

- Plastic bottles with the  mark for beverages, alcohol (including mirin), and soy sauce.
- Disposal Method: Dispose in City designated trash bags (orange letters).

e) Oversized Trash

- Items that cannot fit in the designated trash bags or weigh more than 5kg.
- Disposal Method: Make an appointment with the garbage collector to have the item collected. TEL 22-5235 Purchase and stick an oversized trash disposal sticker (fee) on each item and leave it outside your home.
-

f) Hazardous Trash

- Items that include hazardous materials such as mercury (Fluorescent tubes, dry-cell batteries, mercury thermometers).
- Disposal Method: Dispose in any transparent or semi-transparent plastic bags.

g) Recyclables

- Waste Paper (newspapers, flyers, cardboard, paper beverage packages, magazines.)
- Disposal Method: Bundle the papers up and tie it with string.
- Cans and glass bottles for food/beverages, old fibers (clothes, sheets, blankets, etc.)
- Disposal Method: Dispose in any transparent or semi-transparent plastic bag.

○Stores that Sell Designated Trash Bags and Oversized Trash Disposal Stickers



Available at supermarkets, home hardware stores, and other stores marked with this sign.

(3) Disposing of TVs, Refrigerators, Freezers, Washing Machines, and Air Conditioners

TVs, refrigerators, freezers, washing machines, and air conditioners cannot be collected by the city. Ask a retail store or waste hauling company to collect the item or take the item yourself to a designated disposal site. A processing fee and collection fee will be charged.

(4) Disposing of Computers

The computer manufactures have the responsibility of collecting and disposing computers. Please contact the computer companies directly for details.

Inquiries: Yonezawa City Hall Environment & Living Division (Kankyoseikatsu-ka)
TEL 22-5111 (switchboard)

9. Pets

(1) Dog Registration

Dogs over 91 days old must be registered and receive rabies shots once a year.

(2) How to Register

○If the dog has not yet been registered

Register and give the dog rabies shots at a veterinarian about 3 months after the puppy is born or received from someone (Dogs can also be registered at the Spring Rabies Shot Meeting). The registration fee is ¥3,000.

○If the dog is already registered

When you are given a dog that has already been registered, be sure to also receive the license from the former owner and visit the City Hall.

○When a dog dies

When a dog dies, submit a Death Report to City Hall or an animal hospital. If you lose the license, please report it and it will be reissued for a charge.

Death Report: Free of charge

License Reissue: ¥1,600

Inquiries: Yonezawa City Hall Environment & Living Division (Kankyoseikatsu-ka)
TEL 22-5111 (switchboard)

(3) Rabies Shots

It is required that your dog be given a rabies shot every spring. A notice will be sent by City Hall so please make sure your dog receives the shot. The cost is ¥3,100.

(4) Designated Veterinarians for Rabies Shots

Veterinary Hospital	Address	Telephone
Kitajou Veterinary Hospital	Jouhoku 1-3-9	23-7030
Yonezawa Veterinary Hospital	Hanazawa-cho 1-9-95	24-4911
Satou Hisashi Veterinary Hospital	Gobyou 2-7-13	26-5488
Terayama Veterinary Hospital	Kanaike 7-3-3	21-5778
Sakuragi Veterinary Hospital	Sakuragi-cho 1-41-3	24-7223
Niino Veterinary Hospital	Takahata-machi Fukuzawa 152-3	57-5003

10. Driving an Automobile

(1) Driver's License

a) If you Have an International Driver's License

It is possible to drive in Japan using an international driver's license. The period during which you can drive is one year from the date of entry to Japan or before the expiration date of the license (whichever is sooner). You will need a Japanese driver's license if you want to drive in Japan after that period. Please note that international driver's licenses that were obtained in a country you were in for less than 3 months are considered invalid.

b) If You Have a Swiss, German, French, Belgian, Slovakian, Monacan, or Taiwanese Driver's License

If you submit a translation of your driver's license created at a consulate of the Japan Automobile Federation (JAF), you will be able to drive using your driver's license within 1 year of your date of entry to Japan and before the expiration date of the license (whichever is sooner).

c) Switching a Foreign Driver's License to a Japanese Driver's License

If you have a driver's license from another country, you can apply to have it switched to a Japanese license.

○Prerequisites for Switching

- You must hold a valid foreign driver's license.
- You must prove that you stayed in the country that issued the license for more than 3 months after you obtained it.
- You must have the sufficient knowledge and skills for driving in Japan, including knowledge of Japanese traffic regulations.

○Application Process

- Reservations must be made in advanced to apply for a switch.
- Those who are deemed qualified based on examination of their paperwork should prepare and present an application form for the tests. The fee for the tests is ¥2,200.
- The required tests may differ depending on the country that issued the license. Please inquire for details.

○Required Items

- ① Foreign Driver's License
- ② Passport
- ③ Certificate of Residence (Juumin-hyou)
- ④ Resident Card or Certificate of Special Permanent Resident Status
- ⑤ 1 photo (3 x 2.4cm, taken within the last 6 months, no hat, face forward, upper third of body from shoulders up, no background).
- ⑥ Japanese translation of the foreign driver's license (Can be obtained at the Japan Automobile Federation or consular office)
Japan Automobile Federation (JAF) Yamagata Branch
2-1-59 Odachi, Yamagata City TEL 023—625-4520

※Other necessary materials

◇ To exchange from a Chinese Driver's License, please bring your Chinese

Identification Card (Kyomin Mibun-sho)

- ◇To exchange a Philippine Driver's License, please bring your `Official Receipt`
- ◇To exchange a British Driver's License, please bring your `Counterpart`

○Written Test

A 5-minute written test exists to check knowledge of basic driving knowledge. If you answer 7 of 10 questions correctly, you will pass and receive a Learner's Permit, valid for 6 months from the day you pass the test. (Tests are available in English, Chinese, Korean, Spanish, Portuguese, Persian, Russian, Thai, and Tagalog)

○Driving Test

Those who pass the written test are able to take a driving test.

○Issuing the Driver's License

After having passed the written and driving tests, and on the following day, having passed a physical aptitude test (eyesight, etc.) the applicant is eligible to receive a license. There is a fee of ¥2,050 for issuing the license.

For details and inquiries contact:

Yamagata Prefectural Traffic Safety Center, Test Section

〒994-0068 1300 Aza-takadama, Tendo City

TEL 023-655-2150

d) Other

You can also apply for a Japanese Driver's License in the same way as Japanese citizens. In Japan it is most common to obtain a license by enrolling in a driving school. The cost is around ¥300,000 to ¥400,000 and usually lasts 1 to 2 months. Please contact the driving school directly for details.

(2) Important Notices for Driving

a) Traffic Regulations

In Japan cars, motorcycles, and bicycles must drive on the left side of the street and pedestrians walk on the right side. Pedestrians have the right of way at intersections without traffic signals. There are also strict penal codes for drunk driving.

○Driving a Car

- All passengers in a vehicle, including people sitting in the back seat, are required by law to wear seatbelts.
- Using a cellular phone while driving is prohibited.
- Children under 6 years old are required to sit in a child-seat.

○Driving a Motorbike

Although motorbikes with displacements less than 50cc can be driven with a regular driver's license, motorbikes with any higher displacement requires a separate license. It is also required for drivers and passengers to wear a helmet while riding a motorbike.

○Bicycle Parking

It is prohibited to leave bicycles on the road around the JR Yonezawa station. Park your bicycle at the designated bicycle park Rin Rin or the parking space at the west exit of Yonezawa Station.

(3) Owning a Car • Motorbike

a) Registration

If you own a car or motorcycle it must be registered. Changes to the registration information including changes in address, vehicle owner, disposal of the car must be reported and proper procedures must be taken. Either contact the store where you purchased the vehicle or the following places:

- Regular automobiles, motorbikes with over 251cc displacement
Yamagata Land Transport Office TEL 023-686-4711
- Kei automobiles, motorbikes with 126~250cc displacement
Kei Automobile Inspection Association TEL 023-686-6080
- Motorbikes with less than 125cc displacement
Yonezawa City Hall Citizens Division (Shimin-ka) TEL 22-5111 (switchboard)

b) Vehicle Inspection (Shaken)

Cars and motorbikes with displacements over 251cc are required to be inspected regularly and the driver must carry the inspection certificate (shaken-sho) when driving the vehicle. If a new vehicle is purchased, the first inspection must be made during the third year after the purchase and must be inspected every two years after that.

c) Automobile Insurance

- ① Compulsory Insurance (Kyosei Hoken)
All motor vehicles, including motorbikes and motor-bicycles, must be covered by a compulsory insurance plan.
- ② Optional Insurance (Nini Hoken)
Since compulsory insurance only has limited coverage and does not cover a wide variety of accidents, it is recommended to enroll in optional insurance plans. Inquire about optional insurance when applying for compulsory insurance.

d) Car Tax

Car owners must pay tax for the vehicle. Pay the tax before the payment deadline after you receive a tax payment notice.

11. Public Transportation

(1) Trains (JR Lines)

Trains going in the direction of Tokyo are called “Nobori”, and trains coming to Yonezawa from, for example, Tokyo are called “Kudari”. Tickets can be purchased at ticket vending machines inside Yonezawa Station, except for reserved seat tickets and long distance tickets. There is a fare chart inside the station that indicates the station names and the fare. When taking a Bullet Train (Shinkansen), an express ticket is necessary in addition to a regular boarding ticket.

If you miss your station, please consult the conductor or the fare adjustment office at the station where you get off.

Inquiries: JR East Yonezawa Station TEL 22-1130

(2) Buses

a) City Buses

The Shimin (Citizen) Bus and Yamako Bus lines run through the city. Ask for details about bus times, lines, and bus stops.

Inquiries : Yonezawa City Hall General Policy Division (Sougou seisaku-ka)
TEL 22-5111 (switchboard)

◆ How to Ride the Bus

○Advanced Payment Buses

- ① Pay the fare when you board the bus.
- ② When bus nears your destination and an announcement is made, push the Get Off Button (降車ボタン).
- ③ When the bus stops, get off the bus from the exit.

○Exit Payment Buses

- ① Take a numbered ticket from the machine located near the door after boarding the bus.
- ② When the bus nears your destination and an announcement is made, push the Get Off Button (降車ボタン).
- ③ When you get off the bus, put your fare and the numbered ticket in the fare box on the left of the driver, making sure to pay the exact fare. Fares are classified according to the number on your numbered ticket and displayed on the digital panel in front of the bus. There is a change machine beside the fare box, but is advised to prepare change beforehand.

b) Long-Distance Highway Bus

There are long-distance highway bus services to Tokyo. Advanced reservations are necessary. Contact the bus companies for details.

Bus Company	Telephone	Home Page
Tohoku Express (Kyuko) Bus	03-3529-0321 (9:30~19:00) 03-3529-2241 (19:00~21:00, For making reservations on the night of departure)	http://www.tohoku-express.co.jp

(3) Taxis

A vacant taxi is indicated by a red 「^{くうしゃ}空車」 (kusha: empty car) sign near the windshield. Raise your hand to signal the taxi at the taxi pool or on the street. It will be best to tell the driver any nearby landmarks or write the address down if the destination is difficult to find. It is also possible to call for a taxi to come by telephone.

The fare will be indicated in the meter on the left of the driver. The minimum fare is ¥610. An extra 20% will be charged between 10pm to 5am, and all day during the winter (January 1st to the last day of February). Tips are not necessary.

◆ Major Taxi Companies

Taxi Company	Telephone
Azuma Kanko Taxi	22-1317
Imamura Taxi	22-2360
Tsuji Taxi	23-3200
Tsubame Taxi	22-1301
Marumiya Taxi	55-2001
Yonezawa Taxi	22-1225

(4) Car Rental

The cost for renting a car depends on the type of car, the age of the car, and rental period. In addition to having a valid driver's license in Japan, in some cases you may need your Resident Card. Please inquire for details.

◆ Major Car Rental Companies

Taxi Company	Telephone
Station (Eki) Rent-a-car Yonezawa Office	22-8161
Juhyo Rent-a-car	22-6040
Toyota Rent-a-lease Yamagata	26-0100
Nissan Rent-a-car Yonezawa Office	37-8223
Nippon Rent-a-car Yonezawa Office	24-4363
Biryu Rent-a-car	24-3618
Yonzawa Rent-a-car	22-2208

12. Mass Media

(1) Television

In Yonezawa two NHK stations and four commercial broadcasting stations can be viewed with a regular TV antenna.

All households that have a TV must pay a license fee for NHK.

It is also possible to sign up for cable television (CATV), BS (broadcast satellite), and CS (communications satellite) broadcasts. Contact New Media Yonezawa (NCV) or other electronic stores for details.

Inquiries for Cable TV : New Media Yonezawa (NCV) TEL 24-2525

(2) Newspaper

Local, national, and foreign language newspapers can be purchased in the city. Please contact the stores directly for details.

(3) Internet

There are many internet service providers in Japan. It is best to choose a company that provides the services that meets your needs for using the internet.

There are also computers in the City Library (Nase BA) that can be used to browse the internet. The same internet filtering software used at schools is installed on the computers so children can safely use the internet as well. Please follow proper internet manners when using the internet.

Cost: Free (30 minutes maximum for each person)

13. Neighborhood Associations (Chonaikai)

Each district of the city has a Chonaikai, an autonomous neighborhood organization, which aims at promoting mutual support and friendship in the neighborhood. Membership is not required, but it is recommended that you become a member so you can obtain daily living information and get to know your neighbors. Membership and monthly fees are different in each Chonaikai.

V. HEALTH MANAGEMENT • MEDICAL CARE

1. Medical Institutions

(1) Medical Institutions

In Yonezawa, there are four large general hospitals as well as various clinics that specialize in specific fields. It is probably best to have your own personal physician that you see whenever you have medical problems.

Hospitals in Yonezawa

Hospital Name	Telephone	Address
Yonezawa City Hospital	22-2450	6-36 Aioi-cho
Sanyudo Hospital	24-3700	6-1-219 Chuo
Funayama Hospital	23-4435	2-48 Ekimae
Yonezawa National Hospital	22-3210	26100-1 O-aza Misawa

a) When you see a doctor

Except for dental clinics, most hospitals and clinics do not accept reservations and service is provided on a first come, first served basis. At big hospitals, you may have to wait for an extended period of time so it is recommended that you go as early as possible.

If you are not confident with your Japanese speaking ability, it may be best to have a friend who can speak Japanese go along with you or hire an interpreter. It is also useful to use the Multilingual Medical Questionnaire Form (created by the Kanagawa Prefecture International Relations Association).

For details regarding the Multilingual Medical Questionnaire Form, please visit the Yonezawa International Relations Association Homepage or call the Association by phone.

Multilingual Medical Questionnaire Form:

<http://www.k-i-a.or.jp/medical/index.html>

Yonezawa International Relations Association (YIRA) Home Page:

<http://www.yira-yonezawa.org/>

Yonezawa City International Relations Association

Yonezawa City, Kanaike, 3-1-14 Okitama Culture Center 1F

TEL 0238 – 33 – 9146

(2) Holiday/Night Medical Care

a) Weeknight/Holiday Clinic

Please come here for an examination if you become ill on a weeknight or on a holiday and if your conditions are not severe.

TEL 22-9922 1-5-60 Nishi-odori (West side of Sukoyaka Center)

Specialties: Internal medicine and pediatrics

Consultation Days: ①Holidays - Sundays, Holidays, December 31, January 2, January 3

②Weeknights – Monday~Friday excluding days for ①

Consultation Hours: Holidays- 9:00~17:00

Weeknights-19:00~21:30

b) Night/Holiday Emergency Hospitals

The Yonezawa City Hospital, Sanyudo Hospital and Funayama Hospital take turns every day to offer emergency medical care on weeknights and holidays. Hospital shift dates are listed in the Yonezawa City Newsletter and can also be checked by calling the emergency medical care information line or the hospitals directly. Please visit the emergency hospitals only if your conditions are severe. An After-Hour Examination Fee may be charged if your condition is determined not to be an emergency.

Hospital Name	Telephone	Address
Yonezawa City Hospital	22-2450	6-36 Aioi-cho
Sanyudo Hospital	24-3700	6-1-219 Chuo
Funayama Hospital	23-4435	2-48 Ekimae
Emergency Medical Information Line	21-1191	

(3) Medical Information Center for Foreign Residents

The International Volunteer Center of Yamagata (IVY) provides information regarding medical care in Yamagata Prefecture in addition to medical interpreting and translation services.

a) Medical and Daily Living Consultations

Telephone consultations with a counselor are provided free of charge.

Chinese, English, or Japanese 9:30~18:00

TEL: 023-634-9830 (weekdays) 090-2365-1208 (weekends)

b) Interpreting and Translation Consultations

Please contact IVY for inquiries regarding medical, law, and education related interpreting and translations. Services are available in multiple languages including English, Chinese, Korean, Portuguese, and Tagalog.

Inquiries: International Volunteer Center Yamagata (IVY) TEL 023-634-9830

2. Health Inspections

(1) Health Checkups in Yonezawa

Various medical examinations are held in Yonezawa to detect and prevent life-style related diseases. Dates and locations of the examinations will be posted in the City Newsletter.

The following medical examinations are held in Yonezawa:

- General Health Examination: Men and women between ages 18 and 39
- Special Health Examination: Men and women between ages 40 and 74 who are enrolled in National Health Care
- Senior Citizen Health Examination: Men and Women over 75 eligible for Senior Citizen Health Benefits (Kouki Koureisha Iryouhi Hokensha)
- Stomach Cancer Screening: Men and women age 40 and over
- Colon Cancer Screening: Men and Women age 40 and over
- Cervical Cancer Screening: Women age 20 and over
- Breast Cancer Screening: Women age 40 and over (every other year)
- Hepatitis Screening: Men and Women age 40 and over who have not previously been screened for Hepatitis

Inquiries: Yonezawa City Sukoyaka Center Health Division
Yonezawa City 1-5-60 Nishiodori TEL 24-8181

(2) HIV Testing, Chlamydia Testing

Free consultation for AIDS, as well as testing and consultation for HIV and Chlamydia are available at the Okitama Health Center. They are confidential and the results will be available after one week.

Telephone Consultation Days

Monday through Friday (excluding holidays) 8:30~17:15

Testing Days

Mondays (excluding holidays) 13:00~14:00

*(Please contact in advance to make an appointment for a testing.)

Inquiries: Okitama Health Center TEL 22-3002 7-1-50 Kanaike, Yonezawa

(3) Hepatitis C Testing

Consultations and testing for Hepatitis C are also available at the Okitama Health Center. They are free and confidential.

Phone Consultation Hours: Monday through Friday (except holidays) 8:30~17:15

Examination appointments are required.

Inquiries: Okitama Health Clinic TEL 22-3002 7-1-50 Kanaike, Yonezawa

VI. CHILDREN

1. If You Become Pregnant

If you think you are pregnant, get a check-up at a hospital (obstetrics department). Upon filling out the required paperwork after you are checked by the doctor, you will receive a “Mother-Child Health Booklet” (Boshi Kenko Techo) and assistance in paying for any post-natal checkups.

The Mother-Child Health Booklet is very useful for health management as it records the health conditions of the expectant mother and child, the child’s growth conditions (height, weight, etc.). It also features necessary information for expectant mothers and for child raising.

2. When a Child is Born

(1) Necessary Procedures

Please refer to section III “Important Procedures”, sub-section 5 “Reporting Marriage • Birth • Death”, article 2 “Birth Report” for instructions on how to report a birth.

(2) Costs for Giving Birth

The medical costs for giving birth can be very high. If either parent is enrolled in Health Care, the costs of birth and childcare will be covered with a lump-sum payment.

Inquiries: National Health Insurance – Yonezawa City Hall

Pension Division (Kokuho nenkin-ka)

TEL 22-5111 (Switchboard)

Employee Health Insurance - Your place of employment, etc.

(3) Child Medical Care

There is a financial aid plan in place to assist in paying for hospital fees from the time your child is born until they have finished high school. After your child turns 3 years old it is necessary to assess your earnings in order to use this financial aid, so please fill out the appropriate paperwork when applying for aid.

Inquiries: Yonezawa City Hall Children Division (Kodomo-ka) TEL 22-5111 (switchboard)

(4) Medical Examinations for Infants

A medical examination for your baby is carried out 4 months after birth by a pediatrician in the city. Medical examinations at 20 months and at 3 years are also available at the Sukoyaka Center.

3. Child Allowance (Jido Teate)

Parents of children from 0 years through Middle School can receive a Child Care Allowance. The allowance is ¥15,000 per month for children less than 3 years old. For children from 3 years through Elementary School the allowance is ¥10,000 per month (or ¥15,000 for the third child and after). For Middle School students the allowance is ¥10,000 per month. There is an income limit to this service so please ask for details before applying.

Inquiries: Yonezawa City Hall Children’s Division (Kodomo-ka) TEL 22-5111 (switchboard)

4. Nursery Schools

Nursery schools (Hoikuen) are facilities which look after children whose parents are unable to do so during the day due to work, illness and other reasons. Infants and children younger than elementary school age may enroll.

The cost for the day nursery is calculated according to the previous year's income for the household. Applications for nurseries and other inquiries should be directed to the City Children's Division (Kodomo-ka) TEL 22-5111. (switchboard)

5. Children's Center (Jido Center)

Children's Centers are facilities that provide healthy play opportunities for children. There are two Centers in the city. For details, please contact each Center directly.

List of Children's Centers

Name	Address	Telephone
Kubota Children's Center	424 Kubotamachi-Kubota	37-5272
Kamigo Children's Center	2588-304 Oaza-Takei	28-8424

6. After School Care Programs (Gakudo Hoiku)

After School Care Programs provide play and instruction for 1st through 3rd grade elementary school students who cannot be looked after at home after school or on school holidays (It is possible to look after 4th grade children and older at some facilities). Most elementary school districts have an After School Care Program facility.

Inquiries: Yonezawa City Hall Children Division (Kodomo-ka) TEL 22-5111 (switchboard)

7. Child Raising Support

Those who want to help raise children and those who need help with raising children are members of this organization in order to help each other.

(1) When You Can Use the Service

- When your child has a fever and you are notified by the kindergarten to come pick up your child but you are at work and are not able to do it.
- When it is difficult to take your child along to some place (school visitation days, hospitals, etc.)

(2) Cost

The following fee will be paid after assistance is received.

- 7:00~19:00 - ¥600 per hour
- Hours other than the above hours and Sundays and holidays - ¥800 per hour
- In addition, costs for meals, transportation, etc. will be determined beforehand.

Inquiries & Requests

Yonezawa City Family Support Center

Yonezawa Tokumachi 1-38-1 Puchi House (2nd Floor)

TEL (Fax): 24-6464

<Operating Hours> Monday~Friday 8:30~18:30

Saturday 8:30~17:30

<Closed> Sundays • Holidays • New Years

VII. EDUCATION

The Japanese education system consists of 6 years of elementary school, 3 years of junior high school, 3 years of high school, and 4 years of college. The school year begins in April and ends in March of the following year.

There are both public and private schools. There are also kindergartens for pre-elementary school children.

1. Kindergarten (Yochien)

Children over 3 years old may enroll in a kindergarten (yochien) before they enter elementary school. Kindergartens usually provide about 4 hours of child care per day, although some kindergartens provide early morning or late evening care. Most of the kindergartens have their own buses to pick the children up and take them back home. Parents may also choose the length of enrollment for their children from 1 to 4 years.

All kindergartens in Yonezawa are private and each kindergarten has its own distinct educational program and fees. There is financial aid available for parents wishing to enroll their child of at least 3 years old in kindergarten. Please contact the kindergartens directly if you would like to enroll your child in a kindergarten.

Name	Address	Telephone
Yonezawa Chuo Yochien	7-5-70-5 Chuo	23-2569
Yonezawa Seibu Yochien	2-3-8 Gobyo	21-6010
Maizuru Yochien	1-1-47 Marunouchi	23-1489
Fuji Yochien	3-4-30 Shimohanazawa	21-0212
Yonezawa Yochien	3-6-45 Chuo	23-2134
Kashinomi Yochien	5-1-1 Jyonan	21-0205
Hibarigaoka Yochien	26090 Oaza Misawa	22-7541
Totsukayama Yochien	2008 Oaza Kaminiida	37-2419
Kunori Yochien	1-1-18 Monto-machi	23-9261

2. Elementary School • Junior High School

Elementary and junior high school education is compulsory for Japanese citizens. Although it is not compulsory for foreign children to attend elementary and junior high school, they have the right to receive the same education as Japanese children.

All elementary and junior high schools in Yonezawa are municipal. Which school you may attend depends on which area of the city you live in. Although textbook and class fees are free for public schools, the cost for school lunch and other fees must be paid.

Inquiries: Yonezawa City Board of Education,
School Education Division (Gakko kyoiku-ka)
TEL 22-5111 (Switchboard)

3. High School

Although high school in Japan is not compulsory, most people in Japan attend high school. Most all high schools have an entrance exam and tuition must be paid by the individual. In Yonezawa there are public and private, normal and professional high schools. The length of study is usually for 3 years.

For foreign citizens to attend high school in Japan, they must either have graduated from junior high school in Japan (including those who are expecting to graduate), or have completed 9 years of school education outside of Japan.

Inquiries: Yamagata Prefecture Education Department, High School Division
2-8-1 Matsunami, Yamagata City TEL 023-630-2493

VIII. SOCIAL WELFARE

1. Social Security

Those who cannot support their household with the income or assets they have can receive social security benefits to be able to maintain a minimum standard of living as well as help to maintain their independence.

Inquiries • Consultation: Yonezawa City Hall Welfare Division (Shakai Fukushi-ka)
TEL 22-5111 (Switchboard)

2. Welfare for the Elderly

Those of advanced age, or those with physical or mental difficulties, may feel uneasy about their health and other aspects of their daily life. Families who care for such people may also have concerns.

In Yonezawa City there is a welfare system in place that helps the elderly continue to live without worry in the area they have grown used to, as well as supporting and backing related organizations.

Inquiries • Consultation: Yonezawa City Senior Citizen Welfare Division (Korei Fukushi-ka)
TEL 22-5111 (Switchboard)

3. Welfare for the Physically and Mentally Disabled

There is a consultation service for identification, treatment, and various kinds of lifestyle support for those with physical or mental disabilities.

There is also consultation available for those with concerns related to their own disability.

Inquiries • Consultation: Yonezawa City Social Welfare Division (Korei Fukushi-ka)
TEL 22-5111 (Switchboard)

4. Care Insurance (Kaigo Hoken)

The Care Insurance System (Kaigo Hoken Seido) is intended to provide care for the aged and is designed to provide a reliable service tailored to meet the user's needs.

(1) Members of the Care Insurance System

Anyone aged over 65, and anyone aged between 40 and 65 who has been making health insurance payments for more than three months is entitled to join the Care Insurance System.

(2) Those eligible to use the services of the Care Insurance System

(a) Those aged 65 and over

- Anyone for whom constant care is required in daily activities such as bathing, excretion, and eating, due to bedriddenness, dementia etc.
- Anyone for whom assistance is required in daily activities such as household chores and dressing.

(b) Those with health insurance aged between 40 and 65

- Anyone for whom care is required due to dementia, stroke, and other diseases caused by aging.

(3) Procedure for receiving assistance under the Care Insurance System

In order to receive assistance under the Care Insurance System, one must obtain recognition that care and assistance is necessary due to bedriddenness, dementia or other reasons. To do so, please apply at City Hall.

(4) Services available under the Care Insurance System

There are various services offered including home help services, day services, and other services offered at home, in addition to services offered at the care facilities including short term stays. Please ask for details.

(5) Cost of Services

Users bear 10% of the expense when a service is provided under the Care Insurance System.

(6) Care Insurance Premium

a) Those aged 65 and Older

The City sets the insurance premium to one of ten categories according to income. The payment is deducted from old age/retirement pension for those whose pension is over ¥15,000 per month (¥180,000 per annum). A payment notice will be sent by the City to those who are not included in this bracket. This must be paid independently.

b) Those aged between 40 and 64 and enrolled in Medical Insurance

The insurance premium is calculated based on medical insurance payments. The payments are included in medical insurance payments.

Inquiries • Consultation: Yonezawa City Hall Senior Citizens Welfare Division
TEL 22-5111 (Switchboard)

(Contact the National Health Insurance • National Pension Division for inquiries about Insurance Premiums)

IX. OTHER INFORMATION

1. Yonezawa Yozan College

Various classes for different hobbies and other activities are held for citizens of the city at public facilities in the city including the Okitama Culture Center and community centers in the region. The details of the classes are listed in the Yozan College guidebook that is sent to each household and also on the official homepage.

Inquiries: Yonezawa City Board of Education Education Division (Kyoiku-ka) TEL 21-6111
Or contact individual community centers in Yonezawa
Home Page: <http://yozan.educ.yonezawa.yamagata.jp/>

2. Library

The Yonezawa City Library is located in Nase BA.

Hours & Dates

Monday ~ Friday: 10:00~20:00 (Until 19:00 from October ~ March)

Weekends • Holidays: 9:00~19:00

Days Closed

Every 4th Thursday, year-end holidays, collection inventory days.

※Each person may borrow up to 10 books for up to 2 weeks.

※Each person may borrow up to 3 videos for 7 days.

※A library card is required to borrow items at the library. Please bring identification that can be used to check your address (such as your Resident Card or Insurance Card) and apply for a card at the counter in the library.

Inquiries: Yonezawa City Library TEL 26-3010
1-10-6 Chuo, Yonezawa City

3. Audio-visual Center

Various audio-visual equipment and educational materials may be checked out at the Audio-visual Center. To borrow materials, please make a reservation by phone in advance or come to the Audio-visual Center to apply in person.

Sign Ups: Audio-visual Center TEL 21-6111
3-1-14 Kanaike, Yonezawa, Okitama Sogo Bunka Center 4th Floor
• Hours: Monday~Friday 8:30~17:15
• Check out period: 4 days

4. List of Public Facilities

Name of Facility	Address	Phone Number
Yonezawa City Hall	5-2-25 Kanaike	22-5111
Sukoyaka Center Mokuiku Plaza	1-5-60 Nishi-odori	24-8181
Okitama Sogo Shicho (Prefectural Branch Office)	7-1-50 Kanaike	26-6000
Yonezawa Godo Chosha (Hello Work)	3-1-39 Kanaike	22-8155
Okitama Health Center	3-1-26 Kanaike	22-3000
Yonezawa Tax Office	1-1-9 Moto-machi	22-6320
Legal Affairs Bureau Yonezawa Branch	7-4-33 Kanaike	22-2148
Acty Yonezawa	1-5-5 Nishi-odori	21-5655
Okitama Culture Center (Youth house), (Chuo Public Hall)	3-1-14 Kanaike	22-6111
Chubu Community Center	2-1-35 Maru-no-uchi	26-4300
Seibu Community Center	5-9 Naoe-cho	22-5758
Nanbu Community Center	2-4-28 Honcho	24-2011
Tobu Community Center	1-2-38-6 Hanzawa-cho	37-8025
Hokubu Community Center	6-1-21 Chuo	22-1811
Atago Community Center	76-3 Furushida-machi	38-2877
Bansei Community Center	5-4149-9 Hachimanpara	28-5381
Hirohata Community Center	1394-7 Hirohata-machi Kamikosuge	37-5276
Rokugo Community Center	68-2 Hitotsu-urushi, Rokugo-machi	37-5278
Shioi Community Center	2068-1 Shiono, Shioi-machi	22-5380
Kubota Community Center	598-2 Kubota, Kubota-machi	37-5044
Misawa Community Center	1776-1 Yanazawa-machi	32-2005
Tazawa Community Center	2375-1 Oaza Kuchi-Tazawa	31-2111
Yamakami Community Center	480 Oaza Sekine	35-2110
Kamigo Community Center	3869 Oaza Kawai	28-3401
Minamihara Community Center	2910-2 Oaza Minamihara, Inawashiro-machi	38-2301
Matsugawa Community Center	6-14-25 Tori-machi	26-8580
Citizen Cultural Hall (Shimin Bunka Kaikan)	1-10-2 Chuo	23-8510
Za-No-Bunka-Densho-Kan	1-3-48 Maru-no-uchi	23-8009
City Gymnasium • Martial Arts Hall	3-1-62 Kanaike	23-0664
Denkoku No Mori (Uesugi Museum • Okitama Bunka Hall)	1-2-1 Maru-no-uchi	26-8000
Children's Hall	1-3-47 Maru-no-uchi	23-0161
City Pool	333 Toku-machi	24-5833
Public Artificial Soccer Field	1350 Shiono, Shio-machi	22-0007
City Athletic Grounds	6-14-5 Tori-machi	21-0142
City Sumo Hall	5-1-36 Kanaike	23-0664
City Seibu Baseball Field	5-86 Naoe-machi	22-9940

City Archery Hall	1503 Shiono, Shio-machi	21-8923
City Baseball Field (Minagawa Field)	1369 Shiono, Shio-machi	24-8989
City Multi-Purpose Hall City Multi-Purpose Grounds	1357-3 Shiono, Shio-machi	22-3768
City Kitamura Park Tennis Court	4-3730-1 Kanaike	23-0664
City Yahatabara Gymnasium	5-4149-10 Hachimanpara	29-0330
Yahatabara Field Tennis Court	5-4806-1 Hachimanpara	28-3458
Yahatabara Baseball Field	5-5275-4 Hachimanpara	29-0330
Riverside Baseball Field Riverside Soccer Field	2 Higashi Area	When open 21-0142 When closed 22-3768
Narushima Waku-Waku Land	2017-104 Hirohata-machi Narushima	Only when open 37-2121
Technology Plaza Yonezawa	5-4149-8 Hachimanpara	28-5151

5. Japanese Year Conversion Table

Japanese Year	Year	Japanese Year	Year	Japanese Year	Year
Taisho 10	1921	Showa 29	1954	Showa 62	1987
Taisho 11	1922	Showa 30	1955	Showa 63	1988
Taisho 12	1923	Showa 31	1956	Heisei 1	1989
Taisho 13	1924	Showa 32	1957	Heisei 2	1990
Taisho 14	1925	Showa 33	1958	Heisei 3	1991
Showa 1	1926	Showa 34	1959	Heisei 4	1992
Showa 2	1927	Showa 35	1960	Heisei 5	1993
Showa 3	1928	Showa 36	1961	Heisei 6	1994
Showa 4	1929	Showa 37	1962	Heisei 7	1995
Showa 5	1930	Showa 38	1963	Heisei 8	1996
Showa 6	1931	Showa 39	1964	Heisei 9	1997
Showa 7	1932	Showa 40	1965	Heisei 10	1998
Showa 8	1933	Showa 41	1966	Heisei 11	1999
Showa 9	1934	Showa 42	1967	Heisei 12	2000
Showa 10	1935	Showa 43	1968	Heisei 13	2001
Showa 11	1936	Showa 44	1969	Heisei 14	2002
Showa 12	1937	Showa 45	1970	Heisei 15	2003
Showa 13	1938	Showa 46	1971	Heisei 16	2004
Showa 14	1939	Showa 47	1972	Heisei 17	2005
Showa 15	1940	Showa 48	1973	Heisei 18	2006
Showa 16	1941	Showa 49	1974	Heisei 19	2007
Showa 17	1942	Showa 50	1975	Heisei 20	2008
Showa 18	1943	Showa 51	1976	Heisei 21	2009
Showa 19	1944	Showa 52	1977	Heisei 22	2010
Showa 20	1945	Showa 53	1978	Heisei 23	2011
Showa 21	1946	Showa 54	1979	Heisei 24	2012
Showa 22	1947	Showa 55	1980	Heisei 25	2013
Showa 23	1948	Showa 56	1981	Heisei 26	2014
Showa 24	1949	Showa 57	1982	Heisei 27	2015
Showa 25	1950	Showa 58	1983	Heisei 28	2016
Showa 26	1951	Showa 59	1984	Heisei 29	2017
Showa 27	1952	Showa 60	1985	Heisei 30	2018
Showa 28	1953	Showa 61	1986	Heisei 31	2019

Yonezawa Living Guide

Published February 2010

First Ed. Published March 2014

Second Ed. Published April 2020

Yonezawa City International Relations Association

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